

Molluscan Shellfish—The Basics

What is molluscan shellfish?

An aquatic animal that lives in a shell. They are bivalve filter feeders that can contain pathogens in the surrounding water.

By which names are molluscan shellfish known?

Oyster, Clam, Mussel, or Scallop.

What is shellstock?

Live, in-shell molluscan shellfish. For more information, see the bivalve shellfish identification resource: www.doh.wa.gov/community-and-environment/shellfish/recreational-shellfish/illness-prevention/identification

How might they be found in a restaurant, grocery store, truck, or roadside stand?

Fresh or frozen, removed from both their shells (shucked), one shell removed (shucked/half-shell), or contained in both shells (shellstock).

What is not molluscan shellfish?

Finfish (salmon, tilapia, tuna), crustaceans (lobster, crab, shrimp), snails, conch, octopus, sea urchin.

Why so much emphasis on molluscan shellfish?

Oysters, clams, and mussels grow in water that may contain pathogenic bacteria and viruses, such as *Vibrio* species, hepatitis A virus, or norovirus. Many molluscan shellfish are consumed without a cooking step to kill those pathogens. In addition, some molluscan shellfish may contain toxins from algae in the growing water.

For more information, see *The Bad Bug Book* available for download: www.fda.gov/food/foodborne-pathogens/bad-bug-book-second-edition.

Other quick facts:

- Molluscan shellfish are time/temperature control for safety foods
- Date marking DOES NOT apply to shellstock
- Molluscan shellfish are often consumed raw, especially oysters
- Tag requirements do not apply to commercially packaged frozen or shucked shellfish, such as shucked scallops
- Molluscan shellfish are not included in the major food allergens because they are not crustacean