# **CDC Update**

#### Laura G. Brown, Ph.D. National Center for Environmental Health



National Center for Environmental Health

Division of Emergency and Environmental Health Services

#### **CDC Centers Providing Updates**

#### National Center for Environmental Health (NCEH)

- National Environmental Assessment Reporting System (NEARS)
- Foodborne Illness Outbreak Environmental Assessment Training
- Federal Food Service Guidelines

#### National Center for Immunization and Respiratory Diseases (NCIRD)

- Preventing Norovirus Outbreaks Vital Signs report
- Prevention Status Report (PSR) new food safety indicator

National Center for Emerging and Zoonotic Infectious Diseases (NCEZID)

- Integrated Food Safety Centers of Excellence (CoEs)
- Foodborne Disease Outbreak Surveillance System (FDOSS)
- Council to Improve Foodborne Outbreak Response (CIFOR)
- PulseNet

# NATIONAL CENTER FOR ENVIRONMENTAL HEALTH (NCEH)

#### NCEH- National Environmental Assessment Reporting System (NEARS)

- Surveillance system launched April 2014
- Collects data on environmental causes of outbreaks
- Data obtained from environmental assessments conducted during outbreak investigations
- http://www.cdc.gov/nceh/ehs/nears/index.htm



#### NCEH- National Environmental Assessment Reporting System (NEARS)





#### National Environmental Assessment Reporting System (NEARS)

• From National Voluntary Environmental Assessment Information System (NVEAIS)

#### Participants

- **19** state and local agencies
- Up from 11 in 2014

#### Findings



2014-2015 report released early 2017

NEARS

#### NCEH- Foodborne Illness Outbreak Environmental Assessment Training

- Launched April 2014
- Training for state and local food safety professionals
- Free, online; CEUs available
- Provides knowledge base for conducting environmental assessments during outbreak investigations
- http://www.cdc.gov/nceh/ehs/elearn/ea\_fio/index.htm



# NCEH- Foodborne Illness Outbreak Environmental Assessment Training



# NCEH- Foodborne Illness Outbreak Environmental Assessment Training

#### ★ Update ★

#### **Module 2** Knowledge application in scenarios

- Guided walkthroughs of outbreaks linked to:
  - private school cafeteria
  - grower and distributor of organic herbs
- Virtual environmental assessments of outbreaks linked to:
  - local catering establishment
  - cheese manufacturer

**Module 3** Food defense familiarization

- Overview of:
  - food defense concepts
  - food defense planning

#### **NCEH- Federal Food Service Guidelines**

In 2011, HHS and GSA released guidelines for federal food service contractors

Health and Sustainability Guidelines for Federal Concessions and Vending Operations

- These guidelines had sections on
  - nutrition standards
  - facility efficiency (sustainability) standards

http://www.cdc.gov/obesity/strategies/food-servguide.html

# NCEH- Federal Food Service Guidelines

New Food Safety Section in 2016 Guidelines Developed by subcommittee

- led by NCEH
- HHS, GSA, CDC, USDA/FSIS, DOD, DOI/NPS, DOE, HHS/FDA, HHS/FOH, USDA/OSEC

Focused on 6 standards

- 1. HACCP/Food Safety Management System
- 2. Undercooked meat, poultry, and egg products
- 3. Practices to control *Listeria monocytogenes* in RTE foods
- 4. Sick employees
- 5. Certified food protection managers
- 6. Food handler training

# NCEH- Federal Food Service Guidelines

#### **Standard** food safety criteria

- Widely achievable
- 2013 FDA Food Code

Innovative food safety criteria

- Promote exceptional performance
- 2013 FDA Food Code Annex
- CDC research

### NATIONAL CENTER FOR IMMUNIZATION AND RESPIRATORY DISEASES (NCIRD)

#### NCIRD- 2014 *Preventing Norovirus Outbreaks* Vital Signs

#### CDC monthly report launched in 2010, includes

- MMWR article
- Graphic fact sheet, website, social media tools, media release
- http://www.cdc.gov/vitalsigns/norovirus/index.html

#### **MMWR Findings**

About 20 million people get sick from norovirus each year, most from close contact with infected people or by eating contaminated food.

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Norovirus is the leading cause of disease outbreaks from contaminated food in the US. Infected food workers cause about 70% of reported norovirus outbreaks from contaminated food.



#### NCIRD- 2014 *Preventing Norovirus Outbreaks* Vital Signs

Vital Signs recommendations for food service industry to prevent norovirus outbreaks Making sure that food service workers practice proper hand washing and avoid touching ready-to- eat foods with their bare hands before serving them.

Certifying kitchen managers and training food service workers in food safety practices.

Requiring sick food workers to stay home, and considering use of paid sick leave and on-call staffing, to support compliance.



#### **NCIRD- Prevention Status Report (PSR)**



Highlight the status, among the 50 states and District of Columbia, of selected public health policies and practices that address the following topic areas:

> Excessive Alcohol Use Food Safety Healthcare-Associated Infections Heart Disease and Stroke HIV

Motor Vehicle Injuries Nutrition, Physical Activity, and Obesity Prescription Drug Overdose Teen Pregnancy Tobacco Use

#### **NCIRD-Food Safety PSR Indicators**

- Increasing the speed of DNA fingerprinting using pulsed-field gel electrophoresis (PFGE) testing for all reported cases of Shiga toxin-producing Escherichia coli (E. coli) 0157
- Increasing the completeness of PFGE testing of Salmonella
- State adoption of selected provisions recommended in the 2013 FDA Food Code into state food safety regulations



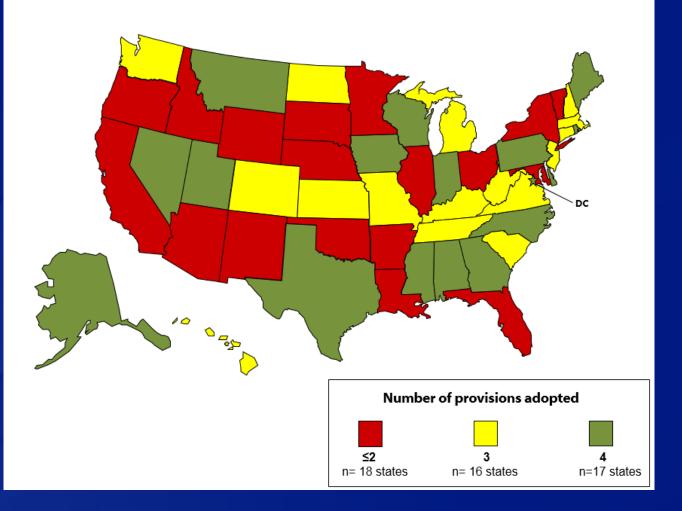
#### **NCIRD-Food Code Indicator**

- CDC has identified four provisions that are important in reducing norovirus and other foodborne illness in restaurants and other retail food establishments. These are:
  - Excluding ill food service staff from working until at least 24 hours after symptoms such as vomiting and diarrhea have ended (section 2-2 of the 2013 FDA Food Code).
  - Prohibiting bare hand contact with ready-to-eat food (section 3-301.11).
  - Requiring at least one employee in a food service establishment to be a certified food protection manager (sections 2-102.12 and 2-102.20).
  - Requiring food service employees to wash their hands (section 2-3).

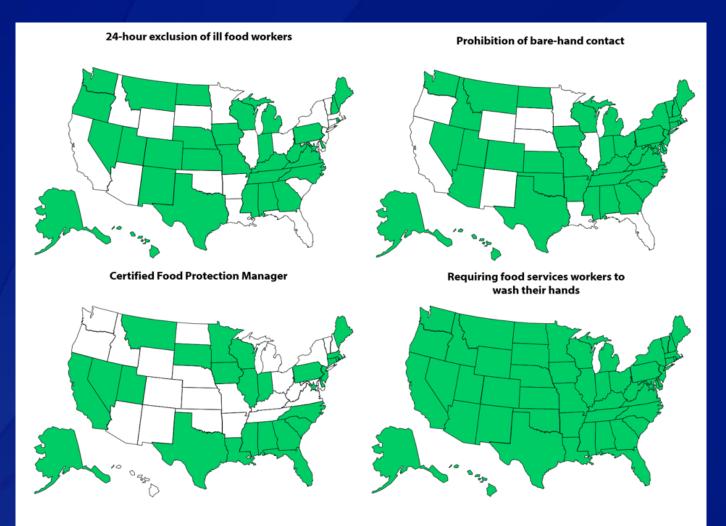
http://www.cdc.gov/nceh/ehs/news/features/2016/foodsafety-psr.html

#### **NCIRD- States' Status on Food Code Indicator**

#### State adoption of selected foodborne disease-related provisions



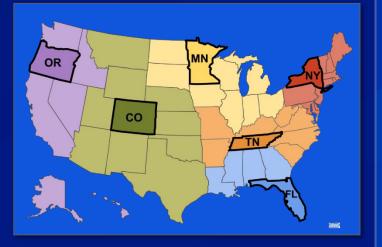
#### NCIRD- States' Status on Specific Provisions in Food Code Indicator



## NATIONAL CENTER FOR EMERGING AND INFECTIOUS DISEASES (NCEZID)

#### NCEZID- Integrated Food Safety Centers of Excellence (CoEs)

- FSMA-mandated program established in 2012
- Tasked with helping state and local health departments build capacity to track and investigate foodborne disease
- http://www.cdc.gov/foodsafety/ centers/
- ★ Update ★
- New CoE New York
- Established geographic regions to help navigate CoE products and services
- Products continually added to <u>CoEFoodSafetyTools.org</u>
- Mentoring states in new program OutbreakNet Enhanced



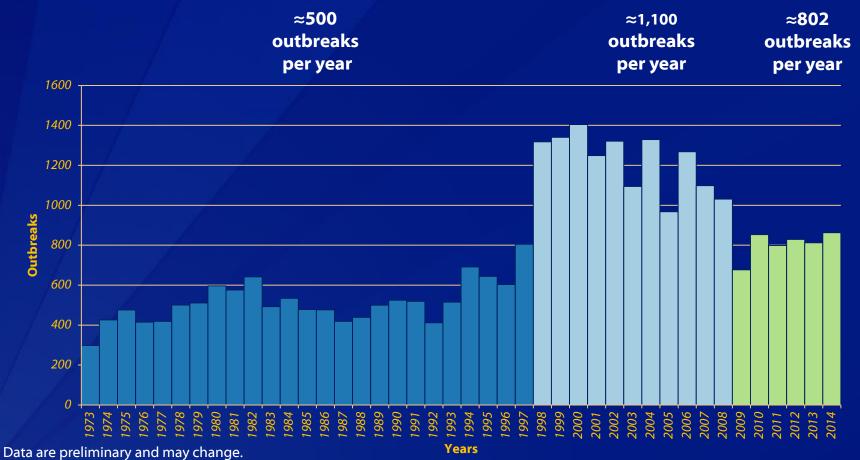
#### NCEZID- National Outbreak Reporting System (NORS)

- Captures data from investigated outbreaks on agents, foods, and settings responsible for illness
- Data are used to determine pathogen-food combinations to target prevention
- States report hundreds of outbreaks each year through NORS
- http://www.cdc.gov/foodsafety/fdoss/surveillance/ind ex.html



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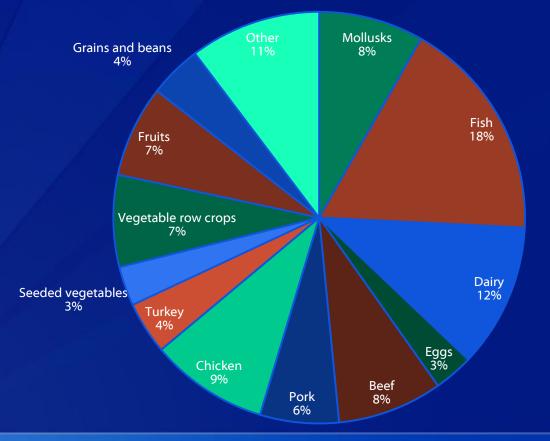
#### Foodborne Disease Outbreaks, 1973–2014



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Single Food Categories Implicated in Foodborne Disease Outbreaks, 2009–2014 (N=1,075)

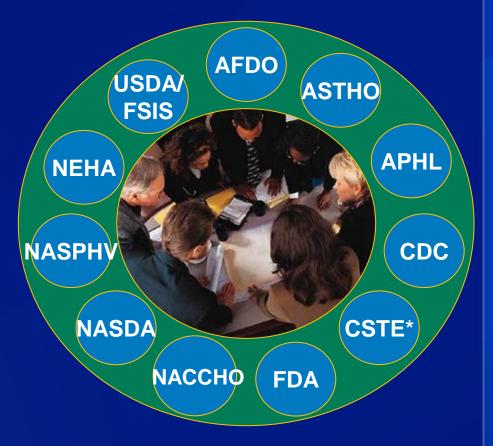


#### NCEZID- Council to Improve Foodborne Outbreak Response (CIFOR)

#### Formed in 2006

Multi-disciplinary work group focused on improving methods at the local, state, and federal levels to detect, investigate, control, and prevent foodborne disease outbreaks

http://www.cifor.us/



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*Guidelines for Foodborne Disease Outbreak Response* and Toolkit



*Guidelines* Implementation Training Grants



*Guidelines* performance measures



Foodborne Illness Response Guidelines for Owners, Operators & Managers of Food Establishments

#### Strategic plan



**Released 2013** 

New 5-year strategic plan to be released 2016

Awarded in April, 2016

2<sup>nd</sup> edition published

Developed target ranges for selected performance measures in the *Guidelines* 

#### **NCEZID- PulseNet**

- Launched in 1996
- National network of public health laboratories that connects cases of foodborne illness
- Compares DNA fingerprints of foodborne bacteria and matching illnesses across the country that may be from the same source to identify outbreaks
- http://www.cdc.gov/pulsenet/



New study shows PulseNet prevents an estimated 270,000 cases of food poisoning and saves half a billion dollars every year

http://www.cdc.gov/media/releases/2016/p0315pulsenet.html

#### **Summary**

CDC is working to improve foodborne illness and outbreak

- Investigation
- Surveillance
- Research
- Prevention

Thank you!

# Laura G. Brown



For more information please contact Centers for Disease Control and Prevention

4770 Buford Hwy, NE, Atlanta, GA 30341 Contact CDC at: 1-800-CDC-INFO or www.cdc.gov/info

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.



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