

**List of Wild Mushroom Species Approved for Sale**

**Ranking**

**1- easy to identify and prepare**

**2 – caution in identifying, requires special care in preparing**

**3 – only expert identifiers can collect, multiple steps to prepare for eating**

**Edible Mushrooms for Cooking**

<u>Latin Binomial</u>	<u>Common name</u>	<u>Other common names and comments</u>	<u>Ranking</u>	<u>Comments</u>
<i>Agaricus arvensis</i> <i>Agaricus campestris</i>	Horse mushroom Meadow mushroom	Pink bottom, field mushroom	1	Look-alikes: A. Xanthodermus (yellow), Lepiotaceae and Amanitaceae (white spored)  Complex of species
<i>Armillaria mellea</i> complex	Honey mushroom	Includes A. mellea and A. ostoye	2	Needs to be cooked thoroughly, boil 5 minutes  Do not collect from conifers , okay from hardwoods
<i>Boletus bicolor</i>	Two color bolete		3	Caution for identification, must be distinguished from look-alikes
<i>Boletus edulis</i>	Cep	Porcini, king bolete	2	
<i>Calvatia cyathiformis</i>	Dark-spored puffball		1	should be purple spored puffball
<i>Calvatia gigantea</i>	Giant puffball		1	bland for restaurant use but may be found at farmers markets

<i>Cantharellus cibarius</i>	Golden chanterelle	Chanterelle, pfifferling	1	
<i>Coprinus comatus</i>	Shaggy mane	Shaggy ink cap	1	Very short shelf life
<i>Craterellus cornucopioides</i>	Black trumpet	Horn of plenty, black chanterelle, Formerly called <i>C. fallax</i>	1	
<i>Craterellus ignicolor</i> , <i>C. xanthopus</i>	Yellow foot chanterelle	Flame-colored chanterelle	1	
<i>Craterellus tubaeformis</i>	Trumpet chanterelle	Winter chanterelle	1	Can be spelled <i>C. tubiformis</i> , some recognize <i>C. infundibuliformis</i> as a synonym
<i>Grifola frondosa</i>	Hen of the woods	maitake	1	
<i>Gyroporus castaneus</i>	Chestnut bolete		2	Caution for identification
<i>Hericium spp.</i> complex	Lion's mane, comb tooth	club tooth	1	Includes <i>H. americanum</i> , <i>H. ramosum</i>
<i>Hydnum repandum</i> <i>Hydnum umbilicatum</i>	Hedgehog	Sweet tooth	1	formerly <i>Dentinum repandum</i> and <i>D. umbilicatum</i>
<i>Hypomyces lactifluorum</i>	Lobster mushroom		1	
<i>Laccaria ochropurpurea</i>	Purple gilled laccaria		2	Caution for identification
<i>Lactarius deliciosus</i> complex	Orange latex milky	saffron milky	1	includes <i>L. thynios</i> and <i>L. deterrimus</i> – <i>L. deliciosus</i> is old name and the European sp.
<i>Laetiporus</i>	White		2	Caution, Cannot be collected from conifers. Must be

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<i>cincinnatus</i>	pored chicken mushroom			collected young.
<i>Laetiporus sulphureus</i>	Chicken of the woods	Sulphur shelf, chicken mushroom	2	Caution, Cannot be collected from conifers. Must be collected young.
<i>Lepiota procera</i>	Parasol mushroom		3	Expert to identify, requires extra training. Many similar mushrooms, poisonous Amanitas or Lepiotas can be mistaken for it.
<i>Lepiota rachodes</i>	Shaggy parasol		3	Expert to identify, requires extra training. Many similar mushrooms, poisonous Amanitas or Lepiotas can be mistaken for it.
<i>Lepista nuda</i>	Blewit		3	Caution for identification, requires extra training. Difficult to identify, can be confused with purple Cortinarius species.
<i>Marasmius oreades</i>	Fairy ring mushroom	scotch bonnet faux mousseron	2	Cannot be collected from golf courses or pesticide-treated lawns, can be confused with <i>Clitocybe dialbatra</i> and <i>Inocybe umbratica</i>
<i>Morchella elata</i>	Black morel	Burn Morel	2	Caution for cooking: Needs to be well cooked
<i>Morchella esculenta</i>	Blond morel	Yellow morel	2	Caution for cooking: Needs to be well cooked
<i>Pleurotus ostreatus</i>	Oyster mushroom		1	
<i>Pleurotus populinus</i>	Oyster mushroom		1	
<i>Polyporus squamosus</i>	Pheasant back	Dryad's saddle	1	Useable when young and tender
<i>Stropharia rugosoannulata</i>	Wine cap stropharia	King stropharia	2	
<i>Tricholoma</i>	White	Matsutake	2	

<i>magnivelare</i>	matsutake			
<b>Mushrooms for possible medicinal uses</b>				
<u>Latin Binomial</u>	<u>Common name</u>	<u>Other common names and comments</u>		
<i>Ganoderma lucidum</i>	Ling chih / Reishi		1	
<i>Ganoderma tsugae</i>	Reishi	Hemlock varnish shelf	1	
<i>Inonotus obliquus</i>	Chaga, clinker polypore	Birch clinker	1	
<i>Trametes versicolor</i>	Turkey tail		2	